



Doctors can be hard to reach, illnesses can occur in the middle of the night, and sometimes you just have a question. In all of these circumstances - and many more - MyTelemedicine is a convenient and affordable solution. As a member, you now have access to a National network of U.S. Licensed Doctors who are available 24/7/365 to treat, provide advice and recommendations and even diagnose common acute illnesses, which may result in a prescription called into the pharmacy of your choice*.

SIMPLE as 1, 2, 3...

1. CONNECT

Members call 1-866-500-7065 or log on to your [LifeStyle Innovations member portal](#) to schedule a consultation with a physician licensed in your state.

2. TRIAGE

Members speak to a CARE coordinator who will triage and update your electronic health records, along with all symptoms.

3. CONSULT

Members consult with a physician who recommends a treatment plan, if a prescription is necessary, it's sent to the pharmacy of your choice.

COMMON CONDITIONS

In many cases, a visit to the Doctor's office, urgent care clinic, or emergency room can be avoided, saving you time and money. Part of our effort involves the delivery of CARE for a growing list of common conditions by qualified physicians via video, phone or email.

- Cold / Flu
- Sinus Infection
- Allergies
- Headache
- Bronchitis
- Upper Respiratory Infection
- Stomach Ache / Diarrhea
- Pink Eye
- Rash/Skin Infection
- Urinary Tract Infection
- Nausea

WHEN TO USE

MyTelemedicine does not replace your primary care physician. Our goal is to provide you with convenient, affordable healthcare, when you NEED it most.

- If you have a health related question and just need professional guidance
- On vacation, on a business trip, or away from home
- If it's after hours, weekends or holidays and your doctor's office is closed and you are considering seeking medical attention for a non-emergency issue

*2015-2016 All rights reserved. MyTelemedicine does not guarantee that a prescription will be written. MyTelemedicine does not prescribe DEA controlled substances, lifestyle drugs and certain other drugs which may be harmful because of their potential for abuse. MyTelemedicine physicians reserve the right to deny care for potential misuse of services.